

OROTO POCHNA

Macedonia

Source: As taught by Snezana Balkanska at Macedonian Pearl Seminar, Berovo, Macedonia, July 2017.

Music: Goran Alachki, the Best of Macedonian Traditional Folk Dances, Volume 4.

Meter: 7/8. (sqq)

Steps: The dance uses three steps in varied sequences. The steps are:

A – In Line-of-Direction (LOD), step rt (s), step lt next to rt (q), step rt in LOD (q). This is immediately followed by the same step starting with the lt foot.

B – In LOD, step forward on the rt (s), step forward on lt (qq). This step does not repeat.

C – Turn to face a little left of center and step in place with rt (s), then lt next to rt (q), then step rt in place (q). This is immediately followed by the same step starting with the lt foot and facing a little rt of center.

Dance Description: Face line-of-direction (LOD), hands at shoulder height, right foot free.

<u>Measure</u>	<u>Count</u>	<u>Description</u>
1		Step A starting with rt foot
2		Step A starting with lt foot
3		Step B
4		Step A starting with rt foot
5		Step A starting with lt foot
6		Step B
7		Facing a little lt of center, step C starting with rt foot
8		Facing a little rt of center, step C starting with lt foot
9		Step B
10		Step A starting with rt foot
11		Step A starting with lt foot
12		Step B
13		Facing a little lt of center, step C starting with rt foot
14		Facing a little rt of center, step C starting with lt foot.
15		Facing a little lt of center, step C starting with rt foot
16		Facing a little rt of center, step C starting with lt foot.

Notated by Bill Bucher for presentation at Steam and Stomp, Boulder Hot Springs, March 2019.